

## ATASCOSA COUNTY JUDGES REPORT

I'm very excited to announce that a program I have been working to get started for quite some time. The Atascosa Substance Abuse Program, ASAP, for juvenile. We will start taking applicants for Sept. 1. Our intake will be limited to the first eight and then we will increase the amount of beds to 12. We will be taking youth who are eligible from other counties, which will generate revenue. The treatment is a minimum of six months with possible extensions to 9 months. Applicants must be approved by the program director.

The admission criteria is

- Males between the ages of 13 and 17
- Substance use disorder diagnosis
- Medically, physically, & mentally stable
- No history of sexual assaultive behavior
- No diagnosis that requires intensive level of care

ASAP's mission is to serve communities in and around Atascosa County by rehabilitating at-risk, chemically-dependent youth-equipping them for lasting positive change and reintegrating them into society as competent. healthy and law-abiding citizens.

OPENING  
SEP 1<sup>ST</sup>

## TEEN SUBSTANCE USE

**1 IN 27** adolescents reported a substance use disorder (SAMHSA, 2018)

**3 IN 4** suicides involve one or more substances (CDC, 2018)

**9 IN 10** adolescents with a substance use disorder go untreated (SAMHSA, 2018)



ACJDC 

# ATASCOSA SUBSTANCE ABUSE PROGRAM

1511 ZANDERSON AVE,  
JOURDANTON, TX 78026

830.769.3900

## ADMISSION CRITERIA

- MALES BETWEEN 13-17
- SUBSTANCE USE DISORDER DIAGNOSIS
- MEDICALLY, PHYSICALLY, & MENTALLY STABLE
- MINIMUM IQ OF 70
- NO HISTORY OF SEXUAL ASSAULTIVE BEHAVIOR
- NO DIAGNOSIS THAT REQUIRES INTENSIVE LEVEL OF CARE

## OUR MISSION

TO SERVE COMMUNITIES IN AND AROUND ATASCOSA COUNTY BY REHABILITATING AT-RISK, CHEMICALLY-DEPENDENT YOUTH—EQUIPPING THEM FOR LASTING POSITIVE CHANGE AND REINTEGRATING THEM INTO SOCIETY AS COMPETENT, HEALTHY, AND LAW-ABIDING CITIZENS

## 6-9 MONTH PROGRAM

### RATIONAL BEHAVIOR TRAINING

Residents incorporate behavioral training into all daily activities and are scored at intervals throughout each day. RBT establishes a culture of discipline and is utilized along with other factors to determine a resident's successful progression through program phase levels towards successful reintegration.

### SUBSTANCE ABUSE THERAPY

Residents receive weekly individual goal-oriented therapy, family therapy, and group therapy.

Group therapy consists of

- A Motivational Interviewing-modeled program to identify external risk factors and establishing a relapse prevention plan
- Additional focuses on substance education and Mindfulness-based practices

### PSYCHOEDUCATION GROUPS

In addition to addiction and recovery education, residents will also receive psychoeducation in the following areas:

- Anger Management
- Character Building
- Cognitive Behavioral Training
- Social Emotional Learning

HOPE IS  
BEING  
ABLE TO  
SEE THAT  
THERE IS  
LIGHT  
DESPITE  
ALL OF THE  
DARKNESS.

-DESMOND TUTU